



HOPE FOR FAMILIES

6300 Chimney Rock, Houston, Texas 77081
713-795-HOPE

FALL 2011

What is a System of Care?

A system of care is a spectrum of effective, community-based services and supports for children and youth with or at risk for mental health or other challenges and their families, that is organized into a coordinated network, builds meaningful partnerships with families and youth, and addresses their cultural and linguistic needs, in order to help them to function better at home, in school, in the community, and throughout life.

Core Values of System of Care

1. Family driven and youth guided, with the strengths and needs of the child and family determining the types of services and supports provided.
2. Community based, with the locus of services as well as system management resting within a supportive, adaptive infrastructure of structures, process and relationships at the community level.
3. Culturally and linguistically competent, with agencies, program and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they service to facilitate access to and utilization of appropriate services and supports and to eliminate disparities in care.

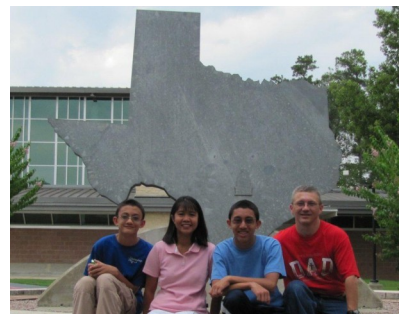
Stroul, B., Blau, G., & Friedman, R. (2010). Updating the system of care concept and philosophy. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health.

In a system of care, mental health, education, child welfare, juvenile justice, family run organizations and other agencies work together to ensure that children with mental, emotional, and behavioral problems and their families have access to the services and supports they need to succeed. These services and supports may include diagnostic and evaluation services, outpatient treatment, and emergency services (24 hours a day, 7 days a week), case management intensive home based services, day treatment, respite care, therapeutic foster care and services that will help young people make the transition to adult systems of care by expanding natural supports.

If you are interested in learning more about systems of care and the benefit for communities, visit :

www.samhsa.gov

www.tapartnership.org/SOC



Family Leaders Coalition

July 1, 2011 Systems of Hope was awarded a \$70,000 grant from the Harris County Hospital District Foundation to strengthen family involvement in children's mental health for Harris County.

Our community has a rich array of family run organizations and family groups who provide support, training, advocacy and other valuable services to children and families living with mental illness. With funding cuts for many public agencies serving our children, it is essential that we work together, more now than ever, to ensure all children and their families receive the appropriate supports needed to be successful.

Our goal is to unite family groups and build partnerships with agencies to work towards better planning and services that are family driven, community based and culturally competent.

One way we are doing this, is by creating a "Family Leadership Coalition" of the many family-run organizations, support groups, parent groups and community groups. This will help Family Leaders learn more about what each organization/group offers and how we can best support a systems of care in Harris County.

The Leadership Coalition will:

1. Provide family leaders with opportunities to network and build new partnerships.
2. Provide service providers a pool of family leaders to help them with future program design, development and evaluation efforts.
3. Provide family leaders an avenue for sharing resources and learning how to refer to each other to meet the needs of children and families in Harris County.

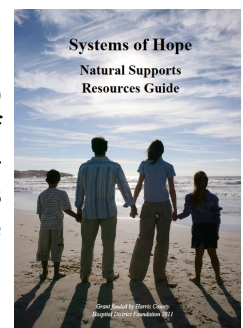
For more information on how to join the coalition, visit: www.systemsofhope.org

Resource Guide

Systems of Hope is in the final stages of developing a Natural Supports Resource Directory for Harris County. This directory will help both family run organizations and service providers find a diverse array of natural support systems, specialized programs and information in one centralized location. In addition to family-run organizations, support groups and community groups supporting children's mental health, the resource directory will also provide information on:

Professional and Family Partnerships
Tips on how to be "Family Driven"
Information on providing culturally appropriate services

This guide will be a great resource to the whole community by providing families and child serving agency staff with a tool they can use to look up culturally appropriate supports for children and families living with mental illness. If you are interested in being listed in the resource guide or would like a copy, please contact Sherry Hubbard at sherry.hubbard@cps.hctx.net or call 713-295-2514



Training

Children and families living with mental illness face many challenges within the home, with service providers, schools and communities. Please join us for one or for our entire training series to learn more how you can be successful at finding and/or providing strength based and culturally appropriate services.

These workshops are designed in one hour sessions and can be provided to your group during regular monthly meetings . We will accommodate your training needs with any or all of our workshops and we can develop new training around your specific needs. Workshops are **free** and available to anyone interested in supporting children's mental health in Harris County.

Workshops Topics Include:

Systems of Care 101

This workshop will introduce the systems of care philosophy and help participants learn a new way of seeking and providing services to meet the individual needs of children and families at risk or living with mental illness.

- Participants will identify presenting issues providing children mental health services.
- Learn the definition and history of Systems of Care.
- Identify the core values and principles of systems of care.

Moving Families Off the Island and Into the Village

This interactive workshop will help participants learn what natural supports are needed to help children become successful and stay successful after professional services have ended.

- Participants will learn how to identify existing natural supports.
- Learn to communicate to identify supports needed.
- Increase opportunities to find resources and supports in the community.

Families as Partners

A system of Care includes family members at every level as partners. This workshop will help participants understand the value of partnerships and techniques to implement family driven care at the program level.

- Participants will be able to define family driven care.
- Participants will understand collaborative partnership.
- Participants will be able to identify steps toward building and supporting professional/family partnerships.

To schedule a workshop call: 713-295-2515 or email tammy.foster@cps.hctx.net

Harris County Systems of Hope



PARTNERING AGENCIES

HARRIS COUNTY CHILDREN AND
ADULT PROTECTIVE SERVICES

DEPELCHIN CHILDREN'S CENTER

HARRIS COUNTY JUVENILE
PROBATION DEPARTMENT

HARRIS COUNTY MHMRA

CITY OF HOUSTON HEALTH AND
HUMAN SERVICES

HOUSTON FEDERATION OF FAMILIES
FOR CHILDREN'S MENTAL HEALTH

METROPOLITAN HOUSTON NAMI

WEST HOUSTON NAMI

Harris County Systems of Hope (SOH) vision is to create an accepting and embracing community that promotes optimal development and emotional well being of all children and their families, through the creation of a successful, accessible and integrated care system. We believe service providers and families have to work together in true partnership to ensure the best care for children with serious mental health disturbances. Harris County Systems of Hope began in 2005, with funding provided through a grant from the Substance Abuse and mental Health Administration (SAMHSA), providing the opportunity to demonstrate the effectiveness of a community-based system of care framework to provide children's mental health services.

With SAMHSA funding ending, Systems of Hope's plan is to operate under a "council" framework, and provide training and technical assistance to both partner and other community organizations to support the development of community-based, family-driven, youth-guided services throughout Harris County.

Google It!

Are you a leader in a family-run organization? Do you facilitate support groups? Do you organize advocacy efforts for children's mental health? Do you mentor other families and help find resources? If you answered yes to any of these questions, we invite you to join our Family Leaders Goggles Group!

Because Family Leaders have a unique role and tremendous responsibility in the work we do with children's mental health, we feel a place to go for peer support would provide a valuable resource. Networking opportunities are endless with a connection like this!

To join our Family Leadership Google Group, please visit the link at our website under Families as Partners tab. www.systemsofhope.org or go to Google Groups and sign up today!

Phone: 713-795-HOPE

Fax: 713-295-2522

Website: www.systemsofhope.org

Funded by a generous grant from the Harris County Hospital District Foundation